

An Tobar Nua

Cead Mile Failte! This wonderful 1840s building houses our beautiful café on the canal. We are so pleased to serve you our delicious fresh food and lovely desserts, made on-site from our own recipes.

Breakfast Served until noon

Substitutions are not permitted during peak hours and are at the discretion of management.

Mega Breakfast (1,2,5,9) 2 eggs, bacon, sausages, hashbrown, beans and toast (white or brown pan or sourdough). Served with choice of tea or brewed coffee. 12.75

Vegetarian Breakfast (1,2,5,9) 2 eggs, halloumi grilled tomato, hashbrown, beans, toast (white or brown pan or sourdough). Served with choice of tea or coffee. 12.75

Small Breakfast (1,2,5,9)
2 Eggs, 1 bacon and sausage, hashbrown and toast (white or brown pan or sourdough). 8.80

Tex-Mex Breakfast Served all day

☯ **Chorizo Breakfast Burrito (1,2,5,9)**
Chorizo-scrambled eggs, cheddar cheese, sour-cream, and hashbrown in a warmed wrap. Served with ATN's homemade salsa. 11.00

☯ **Huevos Rancheros (1,2,5,9)** A gently warmed tortilla topped with fried eggs, cheddar, our homemade salsa, sour cream & jalapenos. Served with hashbrowns. 11.00

Bagels Our bagels are from Galway Bay Bakery

Simple Bagel (1,2,7) toasted, butter and jam. 4.50

Cream Cheese Bagel (1,2,7) 5.95

Cream Cheese and Bacon Bagel (1,2,7) 8.00

BLT Bagel (1,2,7,9) bacon, lettuce, tomato and mayo. 8.00

☯ Denotes an An Tobar Nua specialty..

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Facebook: An Tobar Nua & www.antobarnua.com



Coffees and Drinks

All espresso drinks served as a double-shot with choice of dairy or oat-milk.

Bottomless brewed coffee-dine in only.	5.00
Double Espresso	3.10
Americano	3.80
Cappuccino (2)	3.80
Latte (2)	3.80
Flat White (2)	3.80
Macchiato (2)	3.70
Mocha (2)	4.20
Chai Latte (2)	4.00
Alternative Milk (coconut) (1,6,8)	.60
Flavour Shot	.70
Extra Espresso shot added to drink	1.60
Matcha Latte (2) served hot or iced	4.00

Hot Chocolate (2) Dark or white chocolate served with whipped cream, and marshmallows. 4.00

Iced Americano (2) Double shot of espresso served over ice. (Milk on request). 3.60

Iced Latte (2) Double shot of espresso with cold milk, served over ice. 3.80

Frappe (2) Espresso blended with cold milk, ice, and a flavour shot of your choice, topped with whipped cream. 5.00

Babyccino (2) Lightly steamed milk, marshmallow, and a sprinkle of chocolate powder on top. 2.10

Teas, Sodas and Beverages

Regular or Decaf Tea	3.20
All Specialty Teas	3.40
Classic Soda, Still or Sparkling Water	2.50
Milk (2)	2.60

Special drinks... ask for selection and price.

Sandwiches

🍷 **The Tommy Sandwich (1.5.8.)** Breaded chicken breast fillet served on toasted white or brown bread with lettuce, tomato, onion, BBQ sauce and mayo. Can be made with garlic mayo. 8.50

🍷 **Falafel Wrap (1.5.7)** Homemade baked falafels, lettuce, red pepper, onion, tomatoes, carrots, cucumbers, and our own homemade slaw and special sauce. Served in a warm wrap. 10.20

🍷 **Halloumi Wrap (1.2)** Grilled halloumi with lettuce, tomato, cucumber, red onion, and our own tzatziki sauce, served in a warm wrap. 10.20

Classic Grilled Cheese (1.2, 8) 5.95

Gourmet (1.2, 8) Sourdough and extra cheese 8.20

The Club Sandwich (1.5.8) Sliced chicken breast, bacon, lettuce, tomato, and mayonnaise. Served toasted and stacked. 11.20

🍷 **Westend Chicken Melt (1.5.7)** Grilled chicken breast fillet, cheddar, Emmental cheese and grilled onions, on sourdough with special sauce. 10.20

Toasted BLT (1.5.6.8) Crispy bacon with lettuce, tomato and mayonnaise. A classic on brown or white bread. 8.00

Chicken Roll (1.5.7) Classic baguette with sliced, breaded chicken breast fillet, cheese, tomato, lettuce, and choice of sauce. 6.95

Spice Bag or bowl (1.5.6.8) Chicken strips, grilled bell peppers and onions tossed with spices and chips. Served plated if dining in. 9.50

🍷 **Southwest Wrap (1.2)** Breaded chicken breast fillet, sour-cream, lettuce, cheddar, jalapenos and our homemade salsa, served in a warm wrap. 10.20

Quesadilla (1.2) Flour tortilla, melted cheddar grilled onion and jalapenos served with our homemade salsa and sour cream. 9.00
-with grilled chicken 12.00

ALLERGENS: 1 Wheat or Cereals with Gluten, 2 Dairy, 3 Mustard, 4 Celery, 5 Eggs, 6 Nuts, 7 Sesame Seed, 8 Soya, 9 Sulphur Dioxide, 10 Fish, 11 Peanuts

Salads

**All salads served with soda bread and choice of our own house-made dressings:
Balsamic Vinegarette or Ranch(2,5).**

House Garden Side Salad (1) Mixed greens with tomato, cucumber, bell peppers and carrots. Served with choice of dressing. 6.50

Chicken Bacon Salad (1,9)
Mixed greens, tomato, cucumber, carrots and bell peppers, topped with bacon and chicken. Served with choice of dressing. 10.90

Falafel Salad (1,5,7) Falafel wrap ingredients served as salad. 10.90

Soup and Sides

Please ask for details on soups and scones as they change daily.

Soup of the Day (1.2,3,4,8,) Please ask for specific allergen list as our soups change daily 6.00

Scones, a homemade specialty (1.2.3.5.7) 3.50

Chips (6,7) 4.20

Sauces or extra salad dressing (2,3,5)

Garlic mayo, Chipotle, Sweet Chili, BBQ, Ketchup, Mustard, Mayo 1.20

Sour Cream or Salsa or Ranch (2,5) 1.80

Add Ons

Chicken, or 2 slices bacon, or 2 sausages, or 2 eggs, or grilled halloumi 3.50

2 hashbrowns or extra cheese 1.50

Baked Goods

All our baked goods are made in-house with recipes developed and perfected for our menu.

Gluten-free bakery options available.

Check out our dessert counter or ask a server about our wide range of specialty desserts.

All baked goods may contain traces of nuts.

We have gluten-free bread options, and some menu items can be made vegetarian or vegan.